

# 76<sup>E</sup> INTERNATIONALE AUGUSTIJN KERSTVELDLOOP

## MEMORIAL TOM COMPERNOLLE

SPORTCENTRUM HOGE WAL, ERTVELDE

ZONDAG 29 DECEMBER 2024

### AFSTANDEN EN UURROOSTER

REEKS	AFSTAND (M)	OMLOOP	UUR
VOLKSVELDLOOP	3.950	S + 3x KR + A	11u00
KAN M 2018-2019	700	S + MR	11u45
KAN J 2018-2019	700	S + MR	11u50
BEN M 2017	700	S + MR	12u00
BEN M 2016	700	S + MR	12u05
BEN J 2017	700	S + MR	12u10
BEN J 2016	700	S + MR	12u15
PUP M 2015	1.220	S + 1x KR + A	12u20
PUP M 2014	1.220	S + 1x KR + A	12u25
PUP J 2015	1.220	S + 1x KR + A	12u30
PUP J 2014	1.220	S + 1x KR + A	12u35
MIN M 2013	1.900	S + 1x GR + A	12u40
MIN M 2012	1.900	S + 1x GR + A	12u50
MIN J 2013	1.900	S + 1x GR + A	13u00
MIN J 2012	1.900	S + 1x GR + A	13u10
CAD M	3.120	S + 1x KR + 1x GR + A	13u20
CAD J	3.120	S + 1x KR + 1x GR + A	13u35
SCH / MAS D (+50)	3.800	S + 2x GR + A	13u55
SCH / MAS H (+50)	3.800	S + 2x GR + A	14u20
JUN / SEN / MAS D	5.700	S + 3x GR + A	14u45
SEN H	8.820	S + 1x KR + 4x GR + A	15u15
JUN / MAS H	5.700	S + 3x GR + A	15u50
KORTE CROSS D	2.440	S + 2x KR + A	16u20
KORTE CROSS H	2.440	S + 2x KR + A	16u35